

# **“Ouch!” - LESSON 1**

## **“Be Happy When People Pick On You”**

### **Main Focus:**

When we are mistreated,  
we should rejoice!



### **Power Verse:**

“God blesses those who are  
persecuted for doing right, for  
the Kingdom of Heaven is theirs.”  
- Matthew 5:10



### **Watt's Up:**

“Even When I’m Treated Bad, I Know  
God Will Bless Me Good!”

## **LEADER’S INFO**

Everyone gets mistreated at one time or another. It’s a part of life, but how we respond is important. It’s natural to respond to bullies and mean words and actions by getting upset or even angry, but Jesus said we shouldn’t respond that way.

Jesus said we should be HAPPY when people pick on us. Ouch! It stings a little when we realize the truth Jesus shared and how our behavior has differed from his instructions.

In the Bible Story, we will learn from Joseph that, when we respond the right way to being mistreated and we keep doing what’s right, God will bless us. Jesus said the blessing God has for us is eternal life. He said if we are faithful during persecution, the Kingdom of Heaven is ours!



### **“The Spark” Intro Video**

“Ban Daid”



### **“Watt’s Up?” Teaching Video**

Skittles teaches “Watt’s Up?”



### **Character Skit**

“Dr. Sniffs”



### **Offering Time**



### **Game On!**

“Balloon Swat”



### **Bible Story**

“Joseph’s Journey”



### **Power Verse Video**

“God blesses those who are persecuted for doing  
right, for the Kingdom of Heaven is theirs.”

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### **Call To Action**

“Be Happy When People Pick On You”



### **Brain Drain**

Review Game



### **Small Group Experience**

## Main Focus:

When we are mistreated,  
we should rejoice!



## Power Verse:

“God blesses those who are  
persecuted for doing right, for  
the Kingdom of Heaven is theirs.”  
- Matthew 5:10



## Watt's Up:

“Even When I’m Treated Bad, I Know  
God Will Bless Me Good!”

## Lesson 1 Materials Needed:

### “The Spark” Intro Video

- “Ban Daid” Video

### “Watt’s Up?” Teaching Video

- “Watt’s Up?” Teaching Video
- “Watt’s Up?” Trigger Video

### Character Skit

- “Dr. Sniffs” Theme Graphic/Music
- Scrubs
- Surgical gloves
- White doctor’s coat
- Stethoscope
- Clipboard

### Offering Time

- “Offering Time” Bumper Video

### Game On!

- “Game On!” Bumper Video
- “Balloon Swat” Graphic
- Two fly swatters
- Two large balloons
- Masking tape
- Stopwatch

### Bible Story

- “Joseph’s Journey” Graphics
- Bible

### Power Verse Video

- “Power Verse” Video

### Call To Action

- “Be Happy When People Pick On You” Graphics
- A band-aid

### Brain Drain

- “Brain Drain” Bumper Video
- “Brain Drain” Lesson 1 Graphics

### Small Group Experience

- Bible Story Pictures
- Dry erase board, chalk board or large piece of paper
- Dry erase markers, chalk, or markers
- Tape (optional)
- Pick On Joseph Print Piece
- Band-Aids
- Something to keep time
- I Pick Print Piece
- Pencils, crayons, or markers

### “The Spark” Intro Video

“Ban Daid”

### “Watt’s Up?” Teaching Video

Skittles teaches “Watt’s Up?”

### Character Skit

“Dr. Sniffs”

### Offering Time

### Game On!

“Balloon Swat”

### Bible Story

“Joseph’s Journey”

### Power Verse Video

“God blesses those who are persecuted for  
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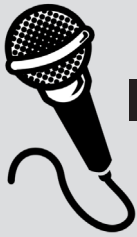
### Call To Action

“Be Happy When People Pick On You”

### Brain Drain

Review Game

### Small Group Experience



## **Introduction to “The Spark” Intro Video**

**Leader:** Hey kids! Welcome to our series called “Ouch!” It’s all about some really powerful truths Jesus taught when he preached the Sermon on the Mount. Jesus said some things that made his followers say, “Ouch!” because they knew what Jesus said was so true, and when they thought about how they were living compared to how Jesus said they should be, it stung a little. It hurt them to see how far off they were from how Jesus said they should be living.

Jesus made some EXTREME statements during the Sermon on the Mount. Speaking of extreme, I want to introduce you to an EXTREME sports specialist. His name is Ban Daid. He’s going to be our host for “OUCH!”

**(play “The Spark” Intro Video)**

**Leader:** Let’s hear it for Ban Daid and his Gran Daid! *(allow applause)* Today, we’re going to learn all about one of those EXTREME statements that Jesus made during the Sermon on the Mount. We’re going to learn all about how we can be happy when people pick on us. That is the opposite of what seems normal, isn’t it? When someone hurts us, we usually get upset and sometimes we even get mad. But that’s not how Jesus wants us to live. Jesus wants us to be happy. Today, we’re going to find out exactly why we should be happy when people pick on us. But, before we do that, we need to find out “Watt’s Up?”

**(play “Watt’s Up?” Teaching Video)**



## **CHARACTER SKIT**

**Character: “Dr. Sniffs”** *(a neurotic medical doctor who has an irritating habit of sniffing everything; he wears scrubs and a stethoscope)*

**Dr. Sniffs:** *(comes out wearing scrubs, surgical gloves, a white doctor’s coat and a stethoscope, has a clipboard in his hand)* The Doctor is IN! And how are you doing today, *(looks down at clipboard and reads)* Mrs.Anderson?

**Leader:** I’m sorry, but my name isn’t Mrs.Anderson.

**Dr. Sniffs:** Oh, nonsense! If you’re not 87 year old Mrs. Guadalupe Anderson, then I don’t know WHO is!

**Leader:** I’m sorry to tell you this, but you’re wrong!

**Dr. Sniffs:** *(looks down at the clipboard)* Wow...I really don’t know who she is, then. Oh well! Hope her broken hip fixes itself! Say, you look like you could use a check-up! Open your mouth and say, “AHHHH!”

**Leader:** *(opens mouth)* AHHHH.

**Dr. Sniffs:** Excellent. Now say, “EEEEEE.”

**Leader:** *(confused)* EEEEE.

**Dr. Sniffs:** Beautiful! Now say both “AHHHH” and “EEEEEE” really fast.

**Leader:** AHHHH-EEEEEE-AHHHH-EEEEEE-AHHHH-EEEEEE!

**Dr. Sniffs:** *(laughs hysterically)* You sound ridiculous! Why would you say that?

**Leader:** You TOLD me to say that!

**Dr. Sniffs:** Now hold on! I take personal offense to that! I am a respected Doctor! *(picks his nose)* I take my job very very seriously. Here, hold this. *(rubs his finger onto the leader’s shoulder)*

**Leader:** EW!!! You are GROSS!

**Dr. Sniffs:** *(chuckles, slapping the leader on the back)* You’re thinking of my Uncle, Dr. Gross! My name is Doctor...um...doctor... *(pulls off a glove, looks at his hand like something is written there)* S-something... What does that say? My handwriting is horrible.

**Leader:** *(reads the Doctor’s hand)* Sniffs? Your name is Dr. Sniffs?

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## **CHARACTER SKIT**

*(continued)*

**Dr. Sniffs:** *(shrugs)* Of course it is! *(serious)* Now, which of your elbows will we be removing today?

**Leader:** *(gasps, grabs themselves by the elbows)* Neither!

**Dr. Sniffs:** Listen, if I'm not here to detach your elbows and then reattach them to your forehead then WHY would I be here?

**Leader:** *(very confused)* I don't know! This is CHURCH! We don't detach people's elbows IN CHURCH.

**Dr. Sniffs:** Well, that just sounds boring.

**Leader:** And you sound like you're CRAZY.

**Dr. Sniffs:** Hey, make fun of me all you want because, when I am mistreated for doing right, I am just like Jesus! I mean, that IS what you were going to teach them, right?

**Leader:** *(amazed)* Huh?? I mean, um...yes! But I don't think you taking off my elbows is the right thing to do. How did you know that's what we were talking about today?

**Dr. Sniffs:** Oh, I wouldn't worry about that. Anyway, like I was saying - getting my feelings hurt isn't fun, but I'll be okay! I mean, the Bible says so! When you get your feelings hurt, you're not alone! Jesus knows EXACTLY how you feel!

**Leader:** Umm...yeah. In fact, that's what I was about to teach to the kids. What's going on?

**Dr. Sniffs:** *(sighs)* Well, even though I can't detach your elbows today - and you called me CRAZY, it'll be okay. I just have to keep living like Jesus wants me to live! God will bless me when I'm faithful. And He'll bless YOU for being faithful, too! Isn't that the whole point of today?

**Leader:** Yes. This is the weirdest conversation I've ever had in my life. Are you even a real doctor? Do you even know what an elbow is?

**Dr. Sniffs:** *(laughs)* Of course I know what an elbow is! It's that little dangly thing in the back of your throat. I'll see you later, Mrs. Anderson! Take two of these *(makes a mouth with his hand and QUACKS twice like a duck)* and call me in the morning. The doctor is OUT! *(looks at his clipboard and laughs)* I can't read! *(examines the stethoscope and walks offstage while his theme music plays)*



## **GAME ON!**

### **“Balloon Swat”**

#### **Items Needed For Game:**

Two fly swatters; two large balloons; masking tape; stopwatch

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#### **Preparation:**

Choose an even number of boys and girls to compete in this game. Inflate the balloons. Create two squares (*approximately 2x2 feet*) on the ground using the masking tape. Place the squares about 5 feet apart from each other.

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#### **How To Play:**

The players take turns (*one at a time*) using a fly swatter to keep a balloon up in the air “tennis style.” They are not allowed to use ANY body part to touch the balloon. They must use the fly swatter as their “racket” and hit the balloon back and forth between them. They are NOT allowed to step outside of their square. Once the balloon hits the ground, their turn is over. Combine the total time each team kept the balloon in the air. The team with the most time is declared the winner.



## **Bible Story**

### **“Joseph’s Journey”**

#### **Materials Needed:**

The graphic slides for Lesson 1; begin with the slide that says “Bible Story”; follow the instructions below, changing the slides to follow along with the story (*as shown*)

#### **Preparation:**

Familiarize yourself with the story in Genesis 39-41; have your open Bible in your hands as you tell the story

#### **The Story:**

Today’s Bible Story comes from the book of Genesis 39-41. This story is about a man named Joseph. Joseph was a slave in the house of Potiphar, an Egyptian official. After a while, Potiphar began to notice that Joseph was a hard worker and made Joseph the head servant in his household. That was great!

However, Potiphar’s wife also started to notice Joseph. She wanted him to be her boyfriend even though she was already MARRIED. Joseph knew that was the wrong thing to do, so he didn’t give in. One day when Potiphar’s wife cornered Joseph, he tried to get away fast! Potiphar’s wife refused to let go of Joseph’s shirt, (*show pic*) so he squirmed until his shirt ripped and he was able to run free.

Potiphar’s wife kept the piece of his shirt and began to scream for “help.” When the other servants came in, she said, “Joseph tried to attack me!” Can you believe that? She lied about Joseph. Joseph wasn’t trying to attack her, he was trying to get away! Potiphar came home and heard the lie his wife told about Joseph and Potiphar had Joseph thrown into prison. (*show pic*)

However, Joseph immediately began to show that he was no ordinary prisoner. He impressed the Chief Jailer so much that he put Joseph IN CHARGE of the whole prison. That’s pretty impressive! While in jail, Joseph served the other prisoners in many ways. One of those ways was that he would interpret their dreams and tell them what they meant. This was something that God gifted Joseph with.

One night, Pharaoh had a dream and he couldn’t figure out what it meant, so he asked all of his advisors if they could help. One of them remembered Joseph had the ability to interpret dreams. So, Pharaoh sent for Joseph to be brought from prison to interpret the dream.

(*show pic*) Joseph heard the dream and told Pharaoh what it meant. Pharaoh was so amazed he decided to put Joseph as second in command in Egypt. (*show pic*) Isn’t that amazing? Joseph didn’t let the fact that he was mistreated keep him from doing right! And because of that, God blessed him in a big way! Today, in your lesson, you will learn how to handle it when you are mistreated and how God will bless your faithfulness.





## **Call To Action**

### **“Be Happy When People Pick On You”**

#### **Materials Needed:**

The graphic slides for Lesson 1; a band-aid

#### **Preparation:**

Begin with the slide titled “Be Happy When People Pick On You”.

#### **The Message:** *(title slide)*

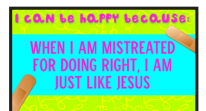


Have you ever ripped off a band-aid? (*rip off a band-aid from your arm*) Ouch! That hurts! It pulls your hairs and your skin and might even make you a little queezy when you see the cut that you’ve covered up. That’s how it feels when we hear some of the things Jesus said when he preached the Sermon on the Mount! Jesus said some things that were kind of like ripping off a band-aid. What Jesus said was so truthful and exposed (*or showed*) what we’ve covered up so we don’t have to think about it or deal with it. And now all we can see is what Jesus has uncovered - a truth that needs some serious attention - and quick!

Today, we’re learning from one of those things Jesus said that makes us say “Ouch!” Jesus said, “Be happy when people pick on you.” What? That doesn’t make any sense! But the reason Jesus said that and the reason it makes us say “Ouch!” is because it’s really true - and many times, as Christians, that’s not what we do!

Many times when someone picks on us or when we are mistreated, we get upset and sad - and sometimes even angry. But that’s not what Jesus said you should do. Jesus said when people pick on you, you should be happy! Let me explain - you can be happy because:

#### **When I Am Mistreated For Doing Right, I Am Just Like Jesus** *(slide)*



Jesus was mistreated A LOT! Remember, Jesus was beat up, spat on, and ultimately died on the Cross, all for saying he was the Son of God. Just because He was doing the right thing, he was mistreated his whole life. That’s true for us, too. Jesus said, “In this world you will have trouble...” You WILL have trouble. You WILL be mistreated sometimes. Sometimes people will pick on you. That’s just a part of life.

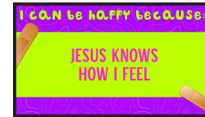
However, it is still hard to deal with. When people pick on you, it hurts. When someone bullies you or says mean things to you or about you, it hurts. It can make you sad. It can even make you feel all alone, like no one else knows how you feel. But that’s not true. The truth is...

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## **Call To Action** *(Continued)*

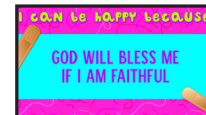
### **Jesus Knows How I Feel** *(slide)*



Jesus knows exactly how it feels to be mistreated. The Bible says that Jesus came to earth and lived a human life - he experienced everything we do. Hurt, pain, sadness, joy, good times, and bad times. Jesus felt it all. Jesus knows how you feel because Jesus has felt that way before. He especially knows how you feel when you are mistreated because he was mistreated a lot.

However, Jesus never gave up or gave in to the temptation to get back at those who bullied him and beat him up with their words and their hands. Jesus was faithful because he knew that God would do something amazing - like bring salvation to the whole world! That's a pretty awesome blessing! And now because of that, we have a pretty awesome blessing that is waiting for us if we stay faithful in times when we are mistreated. That's right...

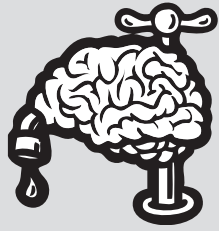
### **God Will Bless Me If I Am Faithful** *(slide)*



If you stay faithful and don't give in to the temptation to get revenge or stay angry at those who hurt you or mistreat you, God will bless you with something awesome! Remember our Power Verse? It says, "God blesses those who are persecuted for doing right, for the Kingdom of Heaven is theirs." - Matthew 5:10. If you stay faithful when you are persecuted or mistreated - if you keep doing right, no matter what others may say or do to you, God will bless you with eternal life in Heaven! Isn't that great? When you are faithful to God, you get to spend eternity with Jesus in Heaven!

### **ALTAR RESPONSE:** *(play soft music)*

Pray for any children that are being mistreated or bullied. Pray that they will continue to do the right thing. Pray that they will be comforted in knowing they are not alone in their situation - that Jesus knows how they feel. And pray that they will always stay faithful to God even when they are persecuted.



## **BRAIN DRAIN**

### **Materials Needed:**

The graphic slides for Lesson 1; “Brain Drain” Bumper Video

### **Preparation:**

Play the “Brain Drain” Bumper Video; Begin with the slide titled “Brain Drain”; there is a slide for each question

**1. Watt’s Up today?**

**Answer:** “Even When I’m Treated Bad, I Know God Will Bless Me Good!”

**2. Who was our Bible Story about?**

**Answer:** Joseph

**3. Who tried to tempt Joseph to sin?**

**Answer:** Potiphar’s Wife

**4. True or False: Joseph stayed in prison for the rest of his life.**

**Answer:** False

**5. Whose dream did Joseph interpret when he got out of prison?**

**Answer:** Pharaoh

**6. True or False: Because he was faithful, Joseph became second in command in Egypt.**

**Answer:** True

**7. According to our lesson today, “When I Am \_\_\_\_ For Doing Right, I Am Just Like Jesus.”**

**Answer:** Mistreated

**8. According to our lesson today, “Jesus Knows How I \_\_\_\_.”**

**Answer:** Feel

**9. According to our lesson today, “God Will Bless Me If I Am \_\_\_\_.”**

**Answer:** Faithful

**10. Where was our Power Verse found?**

**Answer:** Matthew 5:10

# FAMILY DEVOTION!

## "Be Happy When People Pick On You"



"Even When I'm Treated Bad, I Know God Will Bless Me Good!"



"God blesses those who are persecuted for doing right, for the Kingdom of Heaven is theirs." - Matthew 5:10

This week, we start a brand new series called, "Ouch!". In this series, we will learn about powerful truths Jesus taught when he preached the Sermon on the Mount. Jesus said some things that made his followers say, "Ouch!" because they knew what Jesus said was so true, and when they thought about how they were living compared to how Jesus said they should be, it stung a little.

**Read:**  
Genesis 39-41

**Ask:**  
- What happened to Joseph? Did Joseph do anything wrong?  
- Was Joseph treated fairly? How did he respond?

**Say:**  
Everyone gets mistreated at one time or another. It's a part of life, but how we respond is important. It's natural to respond to bullies and mean words and actions by getting upset or even angry, but Jesus said we shouldn't respond that way.

Jesus said we should be HAPPY when people pick on us. Ouch! It stings a little when we realize the truth Jesus shared and how our behavior has differed from his instructions.

**Ask/Discuss:**  
- Have you ever been mistreated by people in your life? How did it make you feel?  
- How do you normally respond to people who hurt you?

**Pray:**  
Pray for your child if they are being mistreated or bullied. Pray that they will continue to do the right thing. Pray that they will be comforted in knowing they are not alone in their situation - that Jesus knows how they feel. And pray that they will always stay faithful to God even when they are persecuted.

# FAMILY DEVOTION!

## "Be Happy When People Pick On You"



"Even When I'm Treated Bad, I Know God Will Bless Me Good!"



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# Small Group Experience

## LESSON 1 - “Be Happy When People Pick On You”



### **Watt's Up:**

“Even When I’m Treated Bad, I Know God Will Bless Me Good!”



### **Power Verse:**

“God blesses those who are persecuted for doing right, for the Kingdom of Heaven is theirs.”

**-Matthew 5:10**

### **SUPPLY LIST:**

- \* Bible Story Pictures (provided; print one set)
- \* Dry erase board, chalk board or large piece of paper
- \* Dry erase markers, chalk, or markers
- \* Tape (only if using paper to hang it on the wall)

### **TEACHER INSTRUCTIONS:**

Before small group begins familiarize yourself with the Bible Story. Write the words, “WRONG done to Joseph” at the top on one side of your board or paper, and on the other write “What Joseph did WRONG.” Draw a line down the center of the board or paper to divide the space into two columns. Once small group begins, review the Bible Story by asking the group to help you make a couple of lists. On one side of the list will be all of the things that were done wrong to Joseph, on the other side of the list will be all of the things that Joseph did wrong. Choose a volunteer to hold up the Bible Story Pictures one at a time. As the kids look at each picture, ask them to tell you what was done wrong to Joseph. Write those answers in the appropriate column. Ask them what Joseph did wrong and write those answers in the appropriate column. The goal is for the column of WRONG done to Joseph to be full, and the column of things Joseph did wrong to be empty. There should not be anything to put in the column of Joseph did WRONG. Fill in any gaps in the storyline as needed and continue on this way until the story is complete.

**Say** - You PICKED a great day to be here! We will be talking about PICKING quite a bit today. So, to get started, I need to PICK a volunteer to hold some pictures.

### **-Choose volunteer to hold pictures-**

**Say** - My volunteer is going to hold up our Bible Story Pictures for everyone to see. I need you guys to look at the pictures and PICK out two things - the WRONG done to Joseph and what Joseph did WRONG. Tell me your answers, and I will write them in the matching columns. Let's get picky!

**-Allow volunteer to hold up pictures and for the kids to tell you their observations. Write down their responses in the appropriate columns and guide them through the Bible Story until it's complete-**

**Say** - You are a very picky group, thanks for your help! We will talk more about our chart in a little while, but first let's talk more about Joseph.

**Ask** - Bad stuff sure seemed to pick Joseph. How do you think this made him feel?

**-Allow time for the kids to answer. Discuss their answers with the group-**

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**Ask** -Do you think Joseph was ever tempted to quit, give up, and walk away from trusting God?

**-Allow time for the kids to answer. Discuss their answers with the group-**

### **Game/Activity**

#### **SUPPLY LIST:**

- \* Pick On Joseph Print Piece (provided; print one per team)
- \* Band-Aids (at least 10 per team - more if you would like the game to last longer or be played more than once)
- \* Something to keep time

#### **TEACHER INSTRUCTIONS:**

Before small group begins, print the Pick On Joseph Print Pieces. Once activity time begins, divide the group into teams. Line each team up single file. On the ground at the front of each team line, place one Pick On Joseph Print Piece. On the top of the print piece, place a pile of unopened Band-Aids. When you say go, the person at the front of the line should pick up one Band-Aid and pass it over their heads to the player behind them. The line will continue to pass the Band-Aid in the over/under fashion. Over one player's head, under the next player's legs, over a head, under legs, until the Band-Aid reaches the person at the end of the line. They must then open the Band-Aid, stick it on their shirt, and say “I’m Happy!” Once they say “I’m Happy,” the player at the front of the line can begin the process over again. The team who picks the most Band-Aids off of Joseph and gets them on their final player, wins! Set the time for this game for as long or short as you would like. This game is a fun lesson concept reinforcing activity and can be played multiple rounds as time allows.

**Say** - Bad stuff seemed to pick Joseph. Jesus said that we should be happy when people pick on us, OUCH! Each team should line up single file. Each line will have a picture of Joseph at the front of the line.

**-Allow teams time to complete this task-**

**Say** - I am placing a pile of Band-Aids on each team's picture of Joseph. When I say “GO,” I will start a timer, and the first person in line should begin by passing one Band-Aid over their head to the player behind them. That player will grab the Band-Aid and pass it under their legs to the player behind them. Continue passing the Band-Aids in the over/under style until it reaches the person at the end of the line. When the Band-Aid reaches the last player, they must open the Band-Aid, stick it on their shirt and say “I’m Happy!” This will signal the person in the front of the line to start another Band-Aid moving down the line. Continue on this way until you hear me say TIME! The team who picks the most Band-Aids off of Joseph and gets them on the last player in line wins!

**-Play the game, this can be played multiple rounds as time allows-**

### **Group Sharing**

#### **SUPPLY LIST:**

- \* I Pick Print Piece (provided; print one per kid)
- \* Pencils, crayons, or markers

#### **TEACHER INSTRUCTIONS:**

Before small group begins, print and cut the I Pick Print Pieces. Once group sharing begins, give each kid a print piece and something to write with.

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**Say** - At some point in time in our life, each one of us will feel picked on. Life isn't fair and people can be cruel. Dealing with picking people can be a challenge. Knowing that we will face picking challenges, we can prepare!

**Ask** - Would someone like to read aloud the verse printed on your paper?

**-Choose a volunteer; allow time for them to read the scripture to the group-**

**Ask** - What does this scripture mean to you? Divide into small groups and discuss the verse and your answers together. Write your answers in the blank beside the verse on your page.

**Ask** - Would anyone like to share what they wrote?

**-Allow time for the kids to answer; discuss their answers with the group-**

**Say** - Jesus was no exception to the rule. He left heaven and became human. Part of the deal is that he faced everything that you and I have or will ever face. Yes, Jesus was bullied and picked on.

**Ask** - So, what did Jesus do? How did he respond when people were picking on him and being cruel? Discuss the questions with your group and write your answers in the blank beside the question on your paper.

**-Allow time for the kids to discuss the question and write their answers-**

**Say** - Would anyone like to share what they wrote?

**-Allow time for the kids to answer; discuss their answers with the group-**

**Say** - You might look at the answers that you just wrote and think, “Well, that’s great for Jesus! But, there is NO WAY I could respond that way. It’s too hard!” Let’s look back at our chart from earlier. There was a whole bunch of WRONG done to Joseph unfairly. Maybe you feel like Joseph, every time you turn around someone is mistreating you. That is a very tough and lonely place, but you are not alone. Jesus is with you, and He knows how you feel. When people are picking on you, you also get to pick. Not pick on them; you get to pick your response.

**Ask** - What are some ways that you can respond to picking and the hurtful words or actions of others? Discuss the question with your group and write your answers in the blank space on your paper.

**-Allow time for the kids to discuss the question and write their answers-**

**Say** - Would anyone like to share what they wrote?

**-Allow time for the kids to answer; discuss their answers with the group-**

## **Prayer Time**

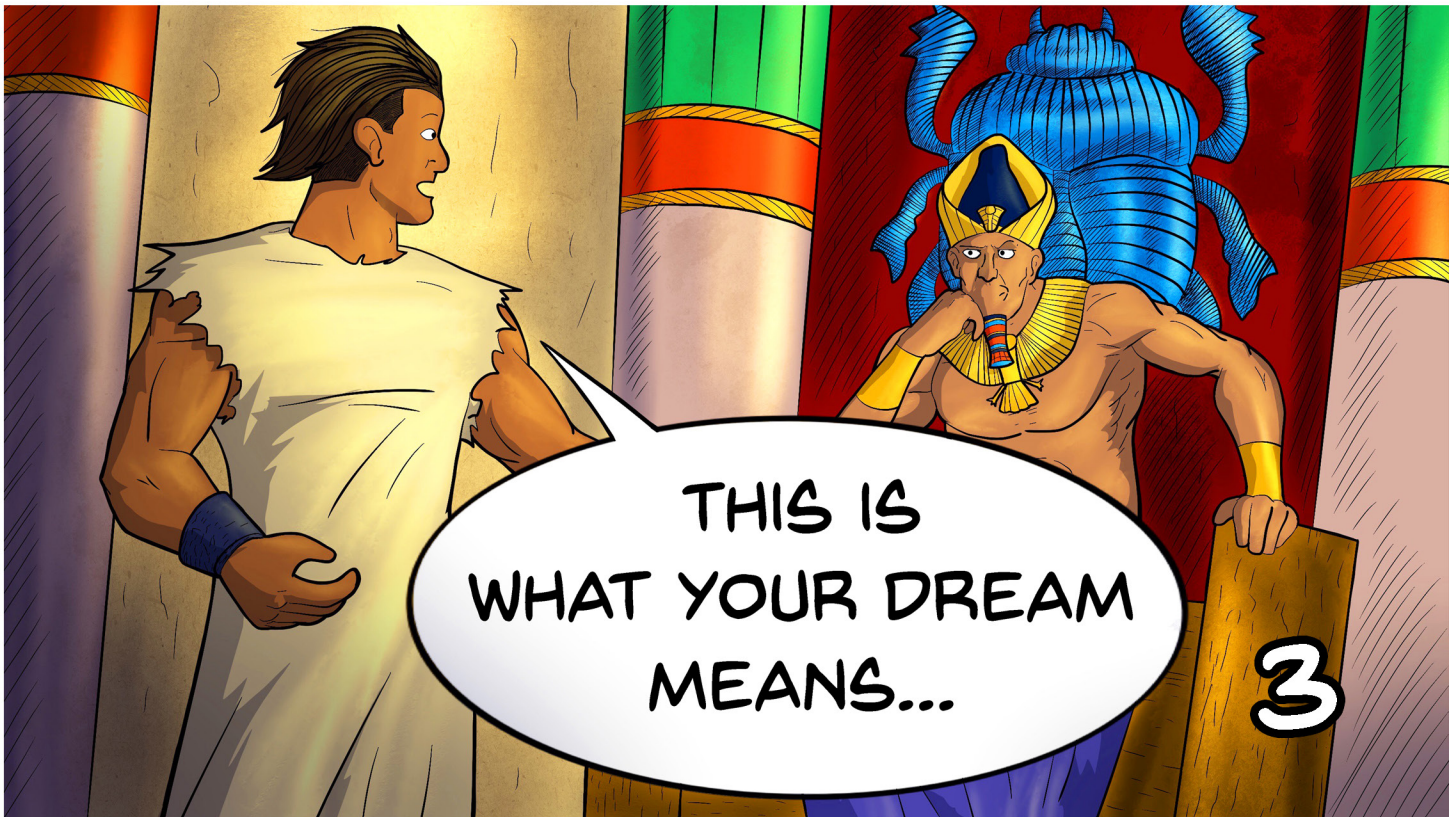
**Say** - I am so thankful that we have a God who doesn't pick and choose when to love and support us. He is always there, and He is always faithful. If you are going through something, ask God to be with you and help you continue to have joy during difficult times. (PRAY)

(Continued on next page)

**Closing**

**Say** - Joseph had his fair share of unfair moments as a young man. As a servant in Potiphar's house, he did his best to work hard and make good choices. Along comes Potiphar's wife, who had other plans for Joseph. She was determined to lead him into sin. Potiphar's wife picked Joseph, but he did not pick her. When he refused, she lashed out and did her best to ruin Joseph's life. Joseph was suffering for bad choices he did not make. He was alone, and hurt, and had to question God's plan. In spite of it all, Joseph was faithful. Joseph picked his reaction, and he picked well! Joseph chose to do what was right even when life was going wrong. God blessed Joseph's faithfulness! You will face tough times in life when people pick on you, and do or say hurtful things. You might feel alone, and hurt, and question God's plan. When those times come, remember the example of Joseph and Jesus and be faithful. God will bless your faithfulness! Thank you for coming today! I will see you again soon.







"GOD BLESSES THOSE WHO  
ARE PERSECUTED FOR DOING  
RIGHT, FOR THE KINGDOM OF  
HEAVEN IS THEIRS."  
- MATTHEW 5:10

WHAT DID JESUS DO?

I PICK....

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WHAT DID JESUS DO?

I PICK....