

# DON'T LOOK BACK LESSON 1

"DON'T LOOK BACK"

## MAIN FOCUS

We must never "look back" to our old sinful habits and lifestyle!

## POWER VERSE

"...keeping our eyes on Jesus, on whom our faith depends from start to finish."

- Hebrews 12:2

## BIG IDEA

"Let Go Of The Sin & Don't Look Back, God Will Keep Your Life On Track!"

## Leader's Info

Many are familiar with the story of Sodom and Gomorrah. Lot and his family were told to get out of the city because God was going to destroy it. It had become a wicked city, full of wicked people.

Through an angel, God instructed Lot to take his family and flee the city, and to NEVER "look back" no matter what. Lot's wife looked back and she turned in to a pillar of salt.

This story teaches us a strong lesson about living the Christian life. Although we can sometimes be tempted to return to our old ways of sin, we must flee from wickedness and never "look back." This is what the children will learn in our lesson today.

## ★ INTRO VIDEO

"BARSKY AND DUTCH"

## ★ CHARACTER SKIT

"DISCO DAN"

## ★ OFFERING TIME

## ★ PRAISE SONGS

## ★ GAME TIME

"POP-A-SHOT"

## ★ POWER VERSE VIDEO

"...KEEPING OUR EYES ON JESUS, ON WHOM OUR FAITH DEPENDS FROM START TO FINISH."

- HEBREWS 12:2

## ★ WORSHIP SONGS

## ★ ILLUSTRATED MESSAGE

"DON'T LOOK BACK"

## ★ "RAP IT UP" VIDEO

## ★ REVIEW QUESTIONS

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### "RAP IT UP" VIDEO

### REVIEW QUESTIONS

## ORDER OF SERVICE

1. \_\_\_\_\_  
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## CHARACTER SKIT

**Character: Disco Dan** *(a loves to dance and have a good time. He is the self-professed Disco King of the world and is perpetually stuck in the 70's.)*

*(Play Track #5 off the Music CD—Dan's theme music)*

**Disco Dan:** *(enters to his theme music, dancing up a storm)* LOOK ALIVE, CATS! It's time to GET FUNKAAAAAYYYY!!!

**Leader:** Oh my WORD! Who are you??

**Dan:** I go by MANY names. The Frontman of Funk, the Sultan of Swagger, the Titan of the Two-Step, I even know a guy that calls me Captain String bean. But you folks can call me *(does a disco pose)* DISCO DAN! The Funkiest Disco Dancin' Machine that you're EVER gonna meet!

**Leader:** Wow, well it's nice to meet you Disco Dan. How are you doing today?

**Dan:** I'm feelin' groooooovy baby.

**Leader:** I'm sorry, you're feeling what?

**Dan:** I said I'm ready to get funky, monkey!

**Leader:** Are you feeling ok?

**Dan:** Of course I am! I'm a hip-cat!

**Leader:** Are you speaking English?

**Dan:** *(gets slightly frustrated)* I'm doing well!

**Leader:** Oh. Well, why are you in such a good mood today?

**Dan:** I'll tell ya! Disco Dan is gonna put on his dancin' shoes and go on a little vacation.

**Leader:** Cool! Where are you going?

**Dan:** It's not WHERE I'm going. It's WHO I'm going.

**Leader:** That didn't make a single bit of sense.

**Dan:** I'm gonna take a vacation from MYSELF!

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## CHARACTER SKIT (CONTINUED)

**Leader:** How are you going to do that??

**Dan:** Well lemme put it to ya this way, Slick. I've been a Christian for a long time, but lately I've been thinkin' about all the stuff I used to do before I let Jesus into my life. MAN it sure does sound like fun now...partyin' all night, dancin' all day, tying bottle rockets to llamas...

**Leader:** HOLD UP! You would tie bottle rockets to LLAMAS??

**Dan:** When did I say that?

**Leader:** Never mind. Disco Dan, you're on your way to making a BIG MISTAKE!

**Dan:** Whatchoo talkin' about?

**Leader:** We're starting a BRAND NEW series called "Don't Look Back." It's talking about how we should keep our eyes on Jesus and not even THINK about going back to our old sinful ways!

**Dan:** But, doesn't God want me to have a good time?

**Leader:** The Bible says that God wants to give us NEW LIFE! When we accept Jesus into our hearts, we are given a NEW LIFE with God! Those old ways may seem like fun, but we can't let them tempt us into messing up! Going back to our old ways can cause a lot of trouble!

**Dan:** Yeah, you're right. There's no worse smell than a burning llama.

**Leader:** What is up with you and llamas??

**Dan:** When did I say that? Never mind. You're right! That old way of living doesn't even compare to my new life with Jesus! Thanks for settin' me straight! I'm gonna keep movin' and groovin' forward and keep my eyes on Jesus!

**Leader:** I'm glad to hear that Disco Dan.

**Dan:** Well boys and girls, I've got an appointment to turn my toaster into a brand new gold medallion! I'm Disco Dan, and I am OUTTA SIGHT!! *(spins and strikes a pose before dancing off-stage)*

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## GAME TIME

### "POP-A-SHOT"

#### Items Needed For Game:

- \* a small plastic basketball set made for toddlers (or you can use a wastebasket and many wads of paper)
- \* The Music CD (cue one of the one minute game songs)



#### How To Play:

Choose one boy and one girl to compete in this game. Choose a worker to be the "counter" for each team. They compete one at a time.

When you say "GO!", the first contestant attempts to make as many baskets with the ball (*paper wad*) as possible. At the end of the sixty seconds, the next contestant tries. When both contestants have had an opportunity, share the results. The contestant who made the most baskets wins!

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## ILLUSTRATED MESSAGE

"DON'T LOOK BACK"

**Materials Needed:** The Data CD; a large container of salt

**Preparation:** Open the PowerPoint presentation on the Data CD titled "Lesson One," begin with the slide titled "Don't Look Back"; read **Genesis 18, 19** and become familiar with all the details of the Bible Story



**The Message:** (title slide)

Today we are beginning a new series called "Don't Look Back." We are learning about the importance of keeping our eyes on Jesus and moving forward. We don't want to look back to our old lives of sin. We want to look forward to what God has for us.

We learn all about this in our Bible Story today found in Genesis 18,19. We find a famous man of the Bible, Abraham. Remember him? God was very close to Abraham and promised to make him the father of many nations.

God spoke to Abraham about two cities, Sodom and Gomorrah. The people in Sodom and Gomorrah had been sinning and living very wicked lives. They were so wicked, God had decided to destroy them completely. Abraham began trying to make a bargain with God (*show pic*):



Abraham said, "What if there are fifty righteous people in the city, will you still destroy it? God said, "No. If there are fifty, I'll spare the city." Abraham said, "How about 45?" Then, "Forty?" Then, "Thirty?" Abraham gets all the way down to 10. He asks God, "If there are ten righteous people in the city will you spare it?" God agrees to spare it if there are ten. The problem is, there aren't even ten righteous people in the city.

There was only one family living in the city who were living right. It was Lot, Abraham's nephew, and his family. God sent two angels to the city. Abraham's nephew, Lot met them when they arrived. (*show pic*) The angels told Lot, "'Hurry," they said to Lot. "Take your wife and your two daughters who are here. Get out of here right now, or you will be caught in the destruction of the city." When Lot hesitated, the angels took his hand and the hands of his wife and two daughters and rushed them to safety outside the city. "Run for your lives!" the angels warned. "Do not stop anywhere in the valley. And **don't look back!** Escape to the mountains, or you will die."



Wow! That is pretty serious stuff. Lot and his family had to flee the wicked city and never look back. They started running away from the city, climbing the mountain nearby. All of a sudden, God began to rain fire down from Heaven on the city of Sodom and Gomorrah, completely destroying it. (*show pic*)



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# DON'T LOOK BACK

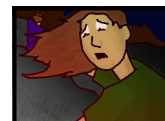
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## ILLUSTRATED MESSAGE

(CONTINUED)

Can you imagine how frightened Lot and his family must have felt? The angel told them to run from the city and don't look back. But, all of a sudden Lot's wife made a huge mistake. *(show pic)* She disobeyed God and turned and looked back at the city. We don't know why she looked back, but she did. The moment she looked back, she turned into a pillar of salt. *(show pic)*



What? She turned into a salt statue? That's what the Bible says. *(hold up the salt container and pour out some salt as you talk)* Can you imagine the person next to you turning into a pillar of salt. They go from having skin to being solid SALT. That is so sad. Why did it happen? Lot's wife turned into a pillar of salt because she disobeyed God's command. Somehow, she didn't want to completely leave her old life behind. The result was judgment. A very sad story.



What can we learn from this story?

### 1) Temptation And Sin Will Try To Pull Us Back *(slide)*



When we give our lives to Jesus and ask Him to forgive us of our sin, we get a brand new life. The Bible says that our old life of sin is gone. Our old ways of lying, cheating, disobeying, sinful habits, sinful thoughts—all of those things are in the past. They are all a part of our old life.

Temptation and sin will try to pull us back. The devil does not want us to do what is right and live for Jesus. He will try to tempt us to "look back" to our old life and our old ways.

### 2) I Must Run From Evil & Don't Look Back *(slide)*



In this story, Sodom and Gomorrah represents our "old life of sin." We must do the same thing Lot and his family were told to do: "Run, and don't look back!" We need to get as far away from sin as possible. When the devil tries to tempt us, we can't "look back" to our old life of sin and even THINK about going back. Instead of "looking back", we must make this choice...

### 3) I Will Keep My Eyes On Jesus *(slide)*



Instead of "looking back" to sin, we look forward to JESUS. We keep our eyes on Jesus just like our Power Verse says. He will lead us to safety. He will give us the strength to keep moving forward if we keep our eyes on Him and DON'T LOOK BACK!

## ALTAR RESPONSE: *(play soft music)*

Pray with the children that they will keep their eyes on Jesus and never look back!

## REVIEW QUESTIONS

1. What was today's Big Idea?

Answer: "Let Go Of The Sin & Don't Look Back, God Will Keep Your Life On Track!"

2. What was the name of the "dancing machine" that visited us today?

Answer: *Disco Dan*

3. What was the name of two policemen in our Intro Video?

Answer: *Barsky and Dutch*

4. What does L.B.P.D. stand for?

Answer: *Look Back Prevention Department*

5. In our Bible Story today, what was the name of the man who bargained with God?

Answer: *Abraham*

6. In our Bible story today, what happened to Lot's wife when she looked back?

Answer: *she turned into a pillar of salt*

7. In our lesson today, we learned "Temptation and Sin Will Try To \_\_\_\_\_."

Answer: *Pull Us Back*

8. In our lesson today, we also learned "I Must \_\_\_\_\_ From Evil And Don't Look Back!"

Answer: *Run*

9. In our lesson today, we also learned "I Will Keep My Eyes On \_\_\_\_\_."

Answer: *Jesus*

10. Where was our Power Verse found?

Answer: *Hebrews 12:2*