

Deal With It! LESSON 10

MAIN FOCUS

We must not let our tongue get out of control!

POWER VERSE

"...KEEP YOUR TONGUE FROM SPEAKING EVIL, AND KEEP YOUR LIPS FROM TELLING LIES." - 1 PETER 3:10

BIG IDEA

"I Will Learn To Control My Tongue"

Leader's Info

"Watch your mouth!" This phrase has been uttered by many a parent, teacher, or Children's Leader when dealing with children. Too often, children speak WAY before they think! More often than that, the words that are spoken do a lot of damage to others.

Learning to control the tongue is one of the hardest lessons a child can learn. We should use our tongue for helping others instead of hurting them, for telling the truth instead of lies, and for sharing the gospel instead of spreading gossip.

In this lesson, the children will learn the destructive power of the tongue and how to DEAL WITH IT when we start to lose control of our tongue and our words.

★ **INTRO VIDEO**

"CONTROLLING THE TONGUE"

★ **PUPPET SKIT**

SILLY WILLY'S TONGUE TWISTERS

★ **OFFERING TIME**

★ **PRAISE SONGS**

★ **GAME TIME**

"THE BIG SQUEEZE"

★ **POWER VERSE REVIEW**

"...KEEP YOUR TONGUE FROM SPEAKING EVIL, AND KEEP YOUR LIPS FROM TELLING LIES." - 1 PETER 3:10

★ **WORSHIP SONGS**

★ **ILLUSTRATED MESSAGE**

"WATCH YOUR MOUTH!"

★ **"RAP IT UP" VIDEO**

★ **REVIEW QUESTIONS**

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ILLUSTRATED MESSAGE

"WATCH YOUR MOUTH!"

"RAP IT UP" VIDEO

REVIEW QUESTIONS

ORDER OF SERVICE

1. _____
by _____
2. _____
by _____
3. _____
by _____
4. _____
by _____
5. _____
by _____
6. _____
by _____
7. _____
by _____
8. _____
by _____
9. _____
by _____
10. _____
by _____
11. _____
by _____
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by _____
13. _____
by _____
14. _____
by _____
15. _____
by _____
16. _____
by _____
17. _____
by _____

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PUPPET SKIT

Character: Silly Willy is a hyperactive puppet that thrives on “scaring” the leaders/workers. *(You can use any puppet your kids are familiar with in your services.)*

Leader: Kids, today we are talking about how to DEAL WITH the tongue...

(Silly Willy pops up)

Silly Willy: Oh, I love those! I have a good one!

Leader: You have a good what?

Silly Willy: Oh, I have a great one. You ready?

Leader: A great one what? Ready for what?

Silly Willy: Do you wanna hear it or not? I said, “Are you READY??”

Leader: Sure, I’m ready.

Silly Willy: OK, try this one...”Silly Sally swiftly shooed seven silly sheep.”

Leader: What?

Silly Willy: Now, you try to say it. ”Silly Sally swiftly shooed seven silly sheep.”

Leader: Silly Willy that seems pretty goofy!

Silly Willy: JUST SAY IT!!!!

Leader: OK, fine. What is it again?

Silly Willy: ”Silly Sally swiftly shooed seven silly sheep.”

Leader: All right. *(tries to say it, but messes it up)* Oh, I can’t say it.

Silly Willy: That’s OK, I have a better one. “Betty better butter Brad’s bread.” Say that!

Leader: This is starting to get annoying.

Silly Willy: JUST SAY IT!!!! “Betty better butter Brad’s bread.”

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PUPPET SKIT (CONTINUED)

Leader: *(tries, but messes it WAY up)* Now, Silly Willy, can you please tell me what all this nonsense is about?

Silly Willy: Well, you said we were learning to DEAL WITH tongue twisters, so I thought I would teach you some.

Leader: No, Silly Willy. We are not learning to DEAL WITH tongue twisters. We are learning to deal with THE TONGUE. You know, learning to control our words. Sometimes people let their words get out of control and they lie, say things that hurt others, and even gossip.

Silly Willy: Oh, that's not good.

Leader: No, that's not good at all. That's why we're learning how to control the tongue and DEAL WITH IT today.

Silly Willy: Well, why didn't you say so? I better get going so you can get back to the lesson. But, in the meantime I would like to share a little bit of "Words Of Wisdom from Silly Willy."

Leader: Words of wisdom? From you? Well...ok, go ahead.

Silly Willy: Boys and girls, if you ever are in a situation and you don't know what to do, just ask yourself this question: "Can you can a can as a canner can can a can?"

Leader: Oh, Silly Willy, get out of here with your tongue twisters!

Silly Willy: A big black bug bit a big black dog on his big black nose!

Leader: Silly Willy, GO!

Silly Willy: OK, I'm going! Bye Bye!

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GAME TIME

"THE BIG SQUEEZE!"

Items Needed For Game: two large tubes of toothpaste; two pairs of plastic gloves; the Music CD

How To Play: Choose two boys and two girls to compete in this game.



Choose one contestant on each team to put on the plastic gloves. The other contestant on each team will be the "squeezer." Tell the kids that when the music begins (*play one of the one-minute version game songs*) they have to try to squeeze all of the toothpaste out of the tube and into the hands of their partner. (*it will probably only take them about 30 seconds to do it, so once they both are done, stop the music*)

Once both tubes are empty, tell them, "Very good. That was part one of the competition. Now, for part two. When the music starts, you have to take all the toothpaste and shove it back into the tube. You have sixty seconds...GO!" (*obviously, they are going to have an impossible time with this portion of the game, but keep playing along and cheering for them*)

When time is up say, "Wow! It was easy getting the toothpaste out of the tube, huh? But, it was nearly impossible to try to shove the toothpaste back in once it was out. Kids, that is the same way with our words. It's easy to let words fly out of our mouth and we don't even think about how much they will hurt others. And once the words are out there, it's impossible to take them back. The damage has already been done. That's why it is soooo important for us to be careful with our words and DEAL WITH our tongue." (*call the game a tie and reward both teams*)

Deal With It! LESSON 10

ILLUSTRATED MESSAGE

"WATCH YOUR MOUTH!"

Materials Needed: The Data CD; a cow tongue (*you can get one at almost any local supermarket meat department*); an ice chest; plastic serving gloves; ice; matches; Spider Man action figure or mask; surgical mask, stethoscope, pack of tongue depressors

Preparation: Open the PowerPoint presentation on the Data CD titled "Lesson Ten," begin with the slide titled "Watch Your Mouth" There is a slide for each point in the message. Place the cow tongue inside the ice chest with ice.



The Message: (*title slide*)

Boys and girls, how many of you watch the news? (*have them raise their hands*) Some of you. Well, if you watch the news you probably hear about wars and weapons and things like that. (*pull out the ice chest and put the plastic serving gloves on your hands*) Today, I have in this box one of the most powerful weapons the world has ever known. It's not a bomb or a grenade or a gun. It's... (*pull out the cow tongue*) a TONGUE! (*have a little fun showing it off; the kids will love touching it*)

Now, you are probably thinking, "How is a cow tongue a powerful weapon?" Well, today I am not talking about a cow tongue that moos or chews grass. I am talking about the human tongue that uses words that can sometimes be a very destructive weapon.



1. The Tongue Is A Powerful Weapon (*slide*)

James 3:5 says, "The tongue is a small thing, but what enormous damage it can do." How many of you know that is true? Have you ever been the victim of the damage the tongue can do. Someone lies about you and it destroys you. Or maybe you had a friend that talked about you behind your back and that destroyed your friendship. Perhaps you have had someone make fun of you and put you down. That certainly causes damage to us, huh?

The tongue is a powerful weapon that we ALL possess. We have to understand that. We used to say a little saying when I was a kid. "Stick and stone may break my bones, but _____." (*let them finish the saying*) "Words will never hurt me." You know, kids, that is NOT true. Words hurt. Words hurt a lot. We have to be aware that our words can cause MAJOR damage if we are not careful.

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Deal With It! LESSON 10

ILLUSTRATED MESSAGE

(CONTINUED)

(pull out the Spider-Man action figure or mask) How many of you know who this is? Of course, it's Spider-Man. In the Spider-Man movie, Peter Parker finds out that he has amazing super powers. His Uncle tells him something very important. Does anyone remember? "With great power comes great _____." (*Responsibility*) That's right. Peter had to understand that now that he has great power, he has to be responsible and use it only to help others, not to hurt others. Kids, we have to learn the same lesson...



2. With Great Power Comes Great Responsibility (slide)

We have to understand that we can't just say whatever comes to our mind. We have to THINK before we speak. We have to THINK whether or not what we are about to say is going to help others or hurt them. If it is going to hurt them...then don't say it. "Yeah, but what if they deserve it?" If it is going to hurt them, don't say it. Just because they may "deserve it" doesn't mean we have to hurt them. That's not the way Jesus was. That's not the way we should be.

There's something else about our tongue that we need to understand. (pull out the surgical mask, stethoscope, and tongue depressors; grab a volunteer to come up and be your patient) When I was young, I used to go to the Doctor and he would tell me to stick out my tongue and say, "Ahhh." Then, he would look at my tongue and he would know whether or not I was sick." I was always amazed by this. How can looking at my tongue tell the doctor whether or not I am sick?

You know, it is the same way with our spiritual lives. A lot can be seen about what's going on in our heart simply by looking at what is coming out of our mouth.



3. A Sick Tongue Is A Sign Of A Sick Heart (slide)

It's true. The Bible says in Luke 6:45, "Whatever is in your heart determines what you say..." That means that if there are lies, bad words, cut-downs, and other negative stuff coming out of your mouth, then your heart is probably not filled with the things of God. Whatever is in your heart will determine what you say. If your heart is filled with the things of God, good things will come out of your mouth. But, if your heart is filled with sin, bad things will come out of your mouth. It's sad, but it's true.

Maybe you are here and you say, "WOW! I never thought about that before. I don't want to be like that. I want to DEAL WITH my tongue! How do I do it?" Well, how many of you have ever heard of Smokey The Bear? (put the Smokey the Bear slide up on the screen) Smokey the Bear has a saying, "Only YOU can prevent forest fires." (pull out the matches) You see, some people play with matches like these and they don't take care of where the matches fall. They end up burning down trees and entire forests because they didn't do what it takes to control their matches.



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Deal With It! LESSON 10

ILLUSTRATED MESSAGE

(CONTINUED)

It's the same with our words....

4. Only YOU Can Prevent Word Fires! (slide)



James 3:6 says, "And the tongue is a flame of fire. It is full of wickedness that...can turn the entire course of your life into a blazing flame of destruction." Whoa! That's serious! Kids, I would love to be able to control your tongue for you, but I can't. Neither can your parents or your teachers. The only one that can keep you from hurting others with your words is YOU!

With God's help, you CAN prevent word fires! You can choose to use your tongue to help others and build them up instead of hurting others and cutting them down. If you have a tongue that is out of control, God can help you gain control of your tongue and "DEAL WITH IT!"

Altar Music (play soft music)

Pray for those children who have had a hard time controlling their tongue. Pray that God will show them how to use their tongue to help others instead of hurt. Have the children write down some ways they can use their tongue the right way this week. (i.e. compliment someone, tell the truth, tell someone about Jesus)

Deal With It! LESSON 10

REVIEW QUESTIONS

- 1. What was today's Big Idea?**
Answer: *I Will Learn To Control My Tongue*
- 2. What was Silly Willy trying to teach us?**
Answer: *tongue twisters*
- 3. Once we have said words that hurt someone, can we truly take them back?**
Answer: *No, once they are said the damage is done*
- 4. According to our lesson, what is the most powerful weapon?**
Answer: *the tongue*
- 5. True or False: We can't help what we say.**
Answer: *False*
- 6. According to our lesson, a sick tongue is a sign of a sick _____.**
Answer: *heart*
- 7. According to our lesson, who can prevent word fires?**
Answer: *Only YOU*
- 8. What's the name of the bear that talks about forest fires?**
Answer: *Smokey*
- 9. Our Power Verse said, "Keep your tongue from speaking evil, _____."**
Answer: *and your lips from telling lies*
- 10. Where was our Power Verse found?**
Answer: *1 Peter 3:10*